

Gandhinagar Institute of Technology

Circular

Date: 18/06/2016

Institute will celebrate International Yoga Day 2016 on 21/06/2016. Institute timing will be from 6:45 am to 2:10 pm.

All the students and staff members are required to remain present at 6:50 am sharp at open air theatre, front lawn for celebration of International Yoga Day 2016 with yoga mat. Flexible clothing is highly desirable.

Detailed schedule of performing Yoga is given below.

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|--------------------------|---|--------------------------------|
| 6:50 am to 6:55 am | - | Assembling |
| 6:55 am to 7:00 am | - | Getting ready for Yoga session |
| 7:00 am to 7:45 am | - | Yoga performance |
| 7:45:00 am to 7:45:52 am | - | National Anthem |
| 7:46 am to 7:47 am | - | Valedictory |

Dr N M Bhatt
Director